

# SHROPSHIRE YOUR ULTIMATE SEVEN-DAY LEISURE GUIDE weekend



## Serving up a treat at Food Fayre

**V**isitors may be lured to the Shropshire town of Church Stretton this weekend by a mouth-watering mixture of aromas filling the air.

The Church Stretton Food Fayre began yesterday and runs until tomorrow, and is featuring more than 100 food and drink stalls.

Passers-by who find themselves drawn to the various marquees in the showground and local eateries can have their fill by sampling some of the dishes available. And for

those who enjoy rustling up culinary delights in the kitchen there will also be cookery demonstrations to inspire them to become more experimental.

French-trained chef Patrice Garrigues will be demonstrating his skills at the event when he shows how to use local produce. He will be joined by Jill Bunn, a food demonstrator from Cleobury Mortimer, who will be running a couple of Masterchef heats with local personalities.

In addition local chef Ed Van Doesburg will be running a cookery school enabling young and old to make their own pizzas – the challenge will be to throw pizzas just like Ed.

And at the Mayfair Centre in town, further help will be on hand to develop healthy eating with a series of workshops entitled tasty snacks and juices. If you want some individual advice you will have the chance to have your own chat with a nutritionist.

Other attractions at the three-day event include a dog show, helicopter rides, a geology exhibition, classic and vintage vehicles, donkey rides and other animal attractions, music, dance and wandering minstrels.

There will be something for the whole family at the fayre, with other events covering mid-summer skating, circus workshops, children's entertainers, countryside

displays and demonstrations, and a 1945 exhibition.

The food fayre coincides with The Strettons' Ale Trail and The Strettons' Walking Festival, and is due to run through until Sunday.

Festival spokesman Shirley Lee encouraged people to book in advance for some events.

For further details contact Church Stretton Tourist Information Centre on 01694 723133.

● **Pictured:** Chris Jones, aged 14, from Church Stretton, actor Pete Postlethwaite, chef Ed Van Doesburg and Bryony Jones, 12, from Church Stretton